Wellness Committee Annual Report

Dr. Steve Chestnut – Exec. Director of Support Services
Patti Bilbrey – Director of Nutrition Services
SUSD Governing Board Policy JL – Student Wellness

• Adopted 5/13/14
• “A District Wellness Committee . . . is responsible for establishing and measuring the implementation of the District’s Wellness Policy.”
• “An annual report shall be made to the Board . . .”
2019-20 Committee Members
Steve Chestnut and Patti Bilbrey - Facilitators
Natasha Anderson – Desert Mountain High School Teacher
Chris Asmussen – Mohave Middle School Principal
Anya Barry – Chaparral High School Parent
Maria Baumann – Desert Canyon Elementary Parent
Tammy Clow-Kennedy – Tonalea K-8 Counselor/Teacher
Karen Gifford – Pueblo Elementary Parent
Margaret Lehn – Saguaro Parent
Susan Leonard – Ingleside Middle School Teacher
Shea Najafi – Pueblo Elementary Parent
Brooke Piazza - Saguaro High School Student
Leslie Sharp – Mohave Elementary Nurse
Renee Tosto – Anasazi Elementary Nurse
Wellness Guidelines Timeline

- February, 2019 - Wellness Committee began meeting
- November, 2019 – Cabinet level review of draft guidelines
- December, 2019 – Review of draft guidelines by all principals
- January, 2020 - Wellness Committee completed final draft
- May, 2020 – Presentation to Governing Board
- August, 2020 – Staff completes Wellness Guidelines Moodle
- 2020-21 School Year – New Wellness Guidelines Implemented
- September, 2020 – Wellness Committee Reconvenes
The SUSD Wellness Committee used guidance from the Alliance for a Healthier Generation and adapted it for use in SUSD.
The Committee Used the Whole School, Whole Community, Whole Child model from the Center for Disease Control and adapted it for use in SUSD
Wellness Guidelines Document
1. District Wellness Committee
2. Wellness Guidelines Implementation
3. Whole School, Whole Child, Whole Community 10 Components
Questions?