SUSD Mental Health Referral Linkage Protocol

Social/Emotional/Behavioral results positive

- Assess severity of symptoms, initiate appropriate referral
  - Mild presence of symptoms: Referral to campus tier II or tier III interventions
  - Elevated presence of symptoms: Referral to Community Based practitioner or agency
    - Review appropriate resources through SUSD MHS Website: Provide parent w/referral sources

Screening results negative

- Process stops
  - Severe symptoms/Crisis Situation
    - Initiate Community Based Referral/Urgent Referral/Implementation of SUSD Crisis Team
SUSD MHS Referral Linkage Protocol

Tier II or III Referral Protocol: Symptoms appropriate for school based treatment

Complete Review of Data: School/Home/Community Dynamics Assessed

Implement School-Home Communication (hold informal meeting)

Using school based team implement appropriate interventions guided by school pyramid of interventions

Elevation of symptoms: Review community based referral protocol

School mental health expert reviews progress weekly

School maintains weekly communication with home

Referral concern solved. School team reviews progress (discontinue interventions if appropriate)

Maintain follow-up protocols
SUSD MHS Referral Linkage Protocol

**Community Based Referral Protocol**

- **Non crisis referral:** Establish primary referral concern
- Collect appropriate referral information based on review of data
- **Implement immediate and long term follow up to ensure services are provided**

**Student in Crisis:**

- Call appropriate agency (e.g., 911, CPS, etc)
- Notify family and SUSD Crisis Response Leader
- Maintain contact and follow up to ensure student receives immediate resources
- School based team meeting to transition student back into school if necessary
- **Identify 3 SUSD MHS partner referrals sources from SUSD MHS Website provide to family**

**Non crisis referral:**

- Establish primary referral concern
- Collect appropriate referral information based on review of data
- Contact family to establish resources available (e.g., insurance, AHCCCS)
- **Maintain contact and follow up to ensure student receives immediate resources**
- School based team meeting to transition student back into school if necessary
- **Identify 3 SUSD MHS partner referrals sources from SUSD MHS Website provide to family**
Ingredients of a Linkage

- Screening system in place
- District specific crisis protocol
- Resource map of community agencies
- Community resources to be familiar with school culture, limitations, and resources
- Define timelines for action
- Set up process to document referrals (community or school?)
- Define roles and responsibilities (e.g., mental health professional)
- Standardized referral form and release of info
- Documentation of outcome and follow up
- Ingredients to a review of data
- Create glossary of terms
- Process for parent contact
- Inclusion of juvenile justice system
- Clear guideline for identification of benefits
- Add specific responsibility for school psychologist to complete FBA in Tier II or III?