Elementary Physical Education
Materials List
K-5

FLVS Global
PE Grade K

Student-Supplied Resources:

- Printer
- Disk space on your computer as well as external device to back up your files (flash drive, external hard drive, CD-ROM, etc.)
- Cell phone to take photo of student's work or scanner to scan student's work
- Interactive Notebook (three-ring binder)
- Pencils
- Erasers
- Scissors
- Crayons and colored pencils
- Glue
- Tape
- Ruler
- Printer paper
- Multi-colored paper

Module Specific Materials:

Module 01

- playdough
- stuffed animal, doll, or LEGO®
- bubbles
- elastic band or pool noodle
- jump rope
- chalk
- pebble
- music
- cones/paper plates/buckets/laundry baskets/boxes/rocks
- different sized balls (beach ball, tennis ball, rubber ball, volleyball, baseball, ping-pong ball)
- clothing
- hula hoop
- shoe
- bowling pins/empty soda bottles/water bottles/ cereal boxes
- balloon

Module 02

- playdough
- stuffed animal
- ball (small/medium/large)
- bean bag
- book
- chairs
- clothes/socks
- chalk
- pillow

Module 03
- playdough
- stuffed animal
- ball (small/medium/large)
- bean bag
- book
- chairs
- clothes/socks
- chalk
- balloon

Module 04
- playdough
- stuffed animal
- ball (small/medium/large)
- bean bag
- book
- chairs
- clothes/socks
- ruler/tape measure
- chalk
- balloon

Free Downloads:
- Java
- Windows Media Player
- Apple iTunes
PE Grade 1

Student-Supplied Resources:

- Printer
- Disk space on your computer as well as external device to back up your files (flash drive, external hard drive, CD-ROM, etc.)
- Cell phone to take photo of student’s work or scanner to scan student’s work
- Interactive Notebook (three-ring binder)
- Pencils
- Erasers
- Scissors
- Crayons and colored pencils
- Glue
- Tape
- Ruler
- Printer paper
- Multi-colored paper
- Healthy Me Journal: is a set of activities that the student will complete and keep in a notebook to show their growth and maturity in physical skills and PE content.

Module Specific Materials:

Module 01

- playdough
- stuffed animal, doll, or LEGO®
- bubbles
- elastic band or pool noodle
- jump rope
- chalk
- pebble
- music
- cones/paper plates/buckets/laundry baskets/boxes/rocks
- different sized balls (small, medium, large)
- clothing
- hula hoop
- shoe
- bowling pins/empty soda bottles/water bottles/cereal boxes
- balloon

Module 02

- playdough
- stuffed animal, doll, or LEGO®
- bubbles
- elastic band or pool noodle
- jump rope
- chalk
- pebble
- music
- cones/paper plates/buckets/laundry baskets/boxes/rocks
- different sized balls (beach ball, tennis ball, rubber ball, volleyball, baseball, ping-pong ball)
- clothing
- hula hoop
- shoe
- bowling pins/empty soda bottles/water bottles/cereal boxes
- balloon

Module 03

- playdough
- stuffed animal, doll, or LEGO®
- bubbles
- elastic band or pool noodle
- jump rope
- chalk
- pebble
- music
- cones/paper plates/buckets/laundry baskets/boxes/rocks
- different sized balls (beach ball, tennis ball, rubber ball, volleyball, baseball, ping-pong ball)
- clothing
- hula hoop
- shoe
- bowling pins/empty soda bottles/water bottles/cereal boxes
- balloon

Module 04

- playdough
- stuffed animal, doll, or LEGO®
- bubbles
- elastic bands or pool noodle
- jump rope
- chalk
- pebble
- music
- cones/paper plates/buckets/laundry baskets/boxes/rocks
• different sized balls (beach ball, tennis ball, rubber ball, volleyball, baseball, ping-pong ball)
• clothing
• hula hoop
• shoe
• bowling pins/empty soda bottles/water bottles/cereal boxes
• balloon

Free Downloads:
• Java
• Windows Media Player
• Apple iTunes
Student-Supplied Resources:

- Printer
- Disk space on your computer as well as external device to back up your files (flash drive, external hard drive, CD-ROM, etc.)
- Cell phone to take photo of student's work or scanner to scan student's work
- Interactive Notebook (three-ring binder)
- Pencils
- Erasers
- Scissors
- Crayons and colored pencils
- Glue
- Tape
- Ruler
- Printer paper
- Multi-colored paper
- Healthy Me Journal: is a set of activities that the student will complete and keep in a notebook to show their grown and maturity in physical skills and PE content.

Module Specific Materials:

Module One

- playdough
- stuffed animal or a doll
- bubbles
- pool noodle
- jump rope
- chalk
- pebble
- music
- a doll or action figure
- rubber bands
- a cloth
- sticks
- sponge
- plastic bag
- sticky note
- glove
- blankets or towels
- cones/paper plates/buckets/laundry baskets/boxes/rocks
• different sized balls (beach ball, tennis ball, rubber ball, volleyball, baseball, basketball, ping-pong ball)
• clothing
• hula hoop
• shoe
• bowling pins/empty soda bottles/water bottles/cereal boxes
• balloon
• bowl
• pasta noodles
• fork or tongs
• cardboard
• yard stick or broom handle
• horse head template
• pillows
• deck of cards
• paper or string streamers
• bean bags

Module Two

• playdough
• stuffed animal, doll, or LEGO®
• bubbles
• elastic band or pool noodle
• jump rope
• chalk
• pebble
• music
• cones/paper plates/buckets/laundry baskets/boxes/rocks
• different sized balls (beach ball, tennis ball, rubber ball, volleyball, baseball, ping-pong ball)
• clothing
• hula hoop
• shoe
• bowling pins/empty soda bottles/water bottles/cereal boxes
• balloon

Module Three

• playdough
• stuffed animal, doll, or LEGO®
• bubbles
• elastic band or pool noodle
• jump rope
• chalk
• pebble
• music
• chrome nuts (building supply)
• cones, paper plates, buckets, laundry baskets, boxes, rocks
• different sized balls (beach ball, tennis ball, rubber ball, volleyball, baseball, ping-pong ball)
• clothing
• Hula Hoop™
• shoe
• bowling pins, empty soda bottles, water bottles, cereal boxes
• balloon
• straws

Module Four
• playdough
• stuffed animal, doll, or LEGO®
• elastic band or pool noodle
• jump rope
• chalk
• pebble
• music
• ice cubes
• jump rope
• a cushion
• cones/paper plates/buckets/laundry baskets/boxes/rocks
• different sized balls (beach ball, tennis ball, rubber ball, volleyball, baseball, ping-pong ball, basketball)
• clothing
• music
• 6 hula-hoops
• shoe
• bowling pins/empty soda
• bottles/water bottles/ cereal boxes
• balloon
• 6 or more cones

Free Downloads:
• Java
• Windows Media Player
• Apple iTunes
PE Grade 3

Student-Supplied Resources:

- Printer
- Disk space on your computer as well as external device to back up your files (flash drive, external hard drive, CD-ROM, etc.)
- Cell phone to take photo of student's work or scanner to scan student's work
- Interactive Notebook (three-ring binder)
- Pencils
- Erasers
- Scissors
- Crayons and colored pencils
- Glue
- Tape
- Ruler
- Printer paper
- Multi-colored paper
- Healthy Me Journal: is a set of activities that the student will complete and keep in a notebook to show their grown and maturity in physical skills and PE content.

Module Specific Materials:

Module One

- playdough
- stuffed animal or a doll
- bubbles
- pool noodle
- jump rope
- chalk
- pebble
- music
- a doll or action figure
- rubber bands
- a cloth
- sticks
- sponge
- plastic bag
- sticky note
- glove
- blankets or towels
- cones/paper plates/buckets/laundry baskets/boxes/rocks
• different sized balls (beach ball, tennis ball, rubber ball, volleyball, baseball, basketball, ping-pong ball)
• clothing
• hula hoop
• shoe
• bowling pins/empty soda bottles/water bottles/cereal boxes
• balloon
• bowl
• pasta noodles
• fork or tongs
• tape
• cardboard
• yard stick or broom handle
• horse head template
• pillows
• deck of cards
• paper or string streamers
• bean bags

Module Two

• playdough
• stuffed animal, doll, or LEGO®
• bubbles
• elastic band or pool noodle
• jump rope
• chalk
• pebble
• music
• cones/paper plates/buckets/laundry baskets/boxes/rocks
• different sized balls (beach ball, tennis ball, rubber ball, volleyball, baseball, ping-pong ball)
• clothing
• hula hoop
• shoe
• bowling pins/empty soda bottles/water bottles/cereal boxes
• balloon

Module Three

• playdough
• stuffed animal, doll, or LEGO®
• bubbles
• elastic band or pool noodle
• jump rope
• chalk
• pebble
• music
• chrome nuts (building supply)
• cones, paper plates, buckets, laundry baskets, boxes, rocks
• different sized balls (beach ball, tennis ball, rubber ball, volleyball, baseball, ping-pong ball)
• clothing
• Hula Hoop™
• shoe
• bowling pins, empty soda bottles, water bottles, cereal boxes
• balloon
• straws

Module Four

• playdough
• stuffed animal, doll, or LEGO®
• elastic band or pool noodle
• jump rope
• chalk
• pebble
• music
• ice cubes
• jump rope
• a cushion
• cones/paper plates/buckets/laundry baskets/boxes/rocks
• different sized balls (beach ball, tennis ball, rubber ball, volleyball, baseball, ping-pong ball, basketball)
• clothing
• music
• 6 hula-hoops
• shoe
• bowling pins/empty soda
• bottles/water bottles/ cereal boxes
• balloon
• 6 or more cones

Free Downloads:

• Java
• Windows Media Player
• Apple iTunes
PE Grade 4

Student-Supplied Resources:

- Printer
- Disk space on your computer as well as external device to back up your files (flash drive, external hard drive, CD-ROM, etc.)
- Cell phone to take photo of student's work or scanner to scan student's work
- Interactive Notebook (three-ring binder)
- Pencils
- Erasers
- Scissors
- Crayons and colored pencils
- Glue
- Tape
- Ruler
- Printer paper
- Multi-colored paper
- Healthy Me Journal: is a set of activities that the student will complete and keep in a notebook to show their growth and maturity in physical skills and PE content.

Module Specific Materials:

Module One

- cones
- chalk
- wooden boards
- water bottle
- duct tape
- scissors
- string
- rolled up socks or crumpled paper
- buckets, baskets, or bins
- two jump ropes
- a ladder
- bean bags
- two nets
- rope
- pillows
- hula hoops
- two glasses
- tap water
- tonic water
• black paper
• various balls of difference sizes
• weight scale
• chair
• sand or gravel
• yard stick or a measuring tape
• cotton balls
• a spoon
• various obstacles
• a bowl
• pool noodles
• sticks
• a potato

Module Two

• playdough
• stuffed animal or a doll
• bubbles
• pool noodle
• jump rope
• chalk
• sand or small rocks
• music
• chairs
• cones
• bean bags
• food labels
• measuring device (ruler or measuring tape)
• bucket
• different sized balls (beach ball, tennis ball, rubber ball, volleyball, baseball, ping-pong ball)
• clothing
• three hula hoops
• water bottles
• balloons
• rubber bands
• ¼ measuring cup
• large bowls
• a stop watch or timer
• a bicycle
• magazines
• newspaper
• a tennis racquet
• paper or plastic cups

Module Three

• various balls (football, soccer, volleyball, beach ball, tennis)
• basketball hoop
• chalk
• nutrition labels
• knife
• vegetable peeler
• grater
• chopping board
• a shuttlecock
• a bin (basket or a bucket)
• paddle
• golf club
• balloons
• several plastic bags
• newspaper
• string or twist tie
• chairs
• several cones
• a plastic cup
• tape
• a golf ball
• a golf putter (or bat, yard stick, or mallet)
• a bean bag
• beach towels
• cones
• rope
• 4–8 hula hoops
• a stopwatch
• a racquet (badminton or tennis)

Module Four

• music
• swim area (or on-land substitution)
• hula hoop
• pots
• stop timer or watch
• a small toy or stickers
• jump rope
• a recording device
• large piece of paper
• four water bottles
• two pool noodles
• a beach ball or a balloon
• a bucket
• a map (if available)
• chair
• agility ladder
• balloons
• pans
• wooden spoons
• cookie sheet
• magazines
• pedometer (or equivalent app)
• pattern blocks
• a book or barrier
• two hula hoops
• a bean bag
• a baseball or tennis ball
• paper fastener, paper clips, or ribbon
• blankets or towels
• cones
• a basketball
• a backpack

Free Downloads:

• Java
• Windows Media Player
• Apple iTunes
PE Grade 5

Student-Supplied Resources:

- Printer
- Disk space on your computer as well as external device to back up your files (flash drive, external hard drive, CD-ROM, etc.)
- Cell phone to take photo of student's work or scanner to scan student's work
- Interactive notebook (three-ring binder)
- Pencils
- Erasers
- Scissors
- Crayons and colored pencils
- Glue
- Tape
- Ruler
- Printer paper
- Multi-colored paper
- Healthy Me Journal: is a set of activities that the student will complete and keep in a notebook to show their growth and maturity in physical skills and PE content.

Lesson Specific Materials:

Module One

- Cones
- Gauze pads
- Tweezers
- Alcohol wipes
- Sanitizer
- Hot dogs
- Egg
- Scale
- Wooden boards (or anything that can be driven over on a bicycle)
- Plastic bottles
- Broom stick
- Sand
- Rope
- PVC pipe
- Steel washers

Module Two

- Playdough
- Towel
• Rope
• Jump rope
• Cones
• Calculator
• Stopwatch
• Chalk
• Music player
• Bean bags
• Chair
• Garden hose
• Resistance band
• Baseball
• Beam, board, or tape
• Rubber band
• Cling wrap
• Paper clip
• Aluminum foil
• String
• Cardboard
• Three different sized balls or objects
• Music player
• Basketball hoop
• Basketball
• Bar or rope
• Soft or sponge balls
• Volleyball (or light large equivalent ball)
• Measuring cups (optional)
• Food of choice
• Plastic cups
• Various foods
• Plastic bags or containers
• Tennis ball

Module Three

• Cones
• Net
• Chalk
• Tape
• Racquet (tennis and badminton)
• Shuttlecock
• Various long-handled implement
• Shuttlecock
• Clothespins
• Hula-hoops
• Basket
• Rolled up socks or balls
• Balls of various sizes
• String
• Cups
• Chopsticks
• Bowls
• Timer
• Measuring cups
• Teaspoons
• Flour
• Unsweetened cocoa powder
• Sugar
• Baking soda
• Salt
• Coconut oil or organic canola oil
• Beets
• Apple cider vinegar
• Vinegar
• Egg
• Oil
• Berries
• Celery stalk
• Green onion roots
• Mushroom stalk
• Pineapple roots
• Pretzels
• Grapes
• Food samples
• Tape
• A cutting board
• A knife
• A baking sheet
• Two large apples
• Rolled oats
• Crushed nuts
• Cinnamon
• Muffin tin
• Toothpick
• Whole wheat flour
• Bran
• Honey
• Baking soda
• Salt
• Balloons
• Newspaper
• Avocados
• Maple syrup
• Spoons
• A cake pan

Module Four

• A hat
• Timer
• Cones
• Cushions
• Chalk
• Various balls of different sizes
• A sticky note pad
• Hula-hoop
• A manipulative such as a ribbon, ball, Hula-hoop
• A basketball hoop
• A recording device
• Stopwatch or timer
• Pedometer (or equivalent App)
• Small toy or sticker
• Large open space
• Various sized balls
• Ribbon, batons
• Chair
• Hula-hoop
• Jump rope
• Music
• 16 objects you can stand on
• Two jump ropes

Free Downloads:

• Java
• Windows Media Player
• Apple iTunes