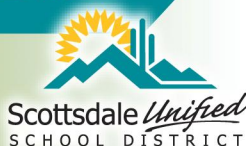


NUTRITION SERVICES NEWS



Volume 1, Issue 1 • February 2008



WELCOME READERS!

We in **Nutrition Services** are excited about this premiere issue of our newsletter, because we wish to improve our lines of communication with our parents, students and school administrators. Great strides have been made in the past few years in reaching out to you, our customer; but in our fast paced world, we need to do more. Great customer service rests on great communications, and we feel strongly that this forum will be another positive step toward improvement.

Our department takes the responsibility of feeding your

children very seriously. We constantly strive to provide child friendly, nutritious meals at an affordable price while adhering to federal and state guidelines. Our mission is to support our District goals of excellence, by providing students with proper nutrition, to help sustain and enhance their academic performance.

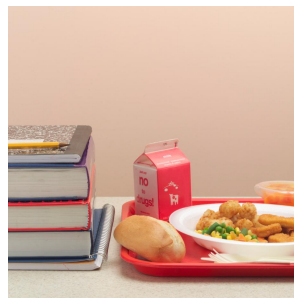
This first newsletter is primarily an introduction of things to come, plus a few other comments. We'll be as brief as possible (We know that you are busy, too.), but our website will often contain supplemental information on

specific topics. Expanding our website is another goal of Nutritional Services.

We welcome any questions that you may have. So please give us your feedback and suggestions by phone or e-mail. Thank you very much!

Sincerely,

Sue Bettenhausen



WHO WE ARE...

The **Nutrition Services Department** is a supplemental component of the student's educational experience; therefore we operate for the benefit of our students.

Our department is self supporting; we do not receive any educational tax dollars to operate our program. We

are responsible for generating enough revenues to pay for food, supplies, equipment, salaries and benefits for our employees.

In addition to serving breakfast and lunch to children in each of our 33 schools, we cater meals and snacks for Headstart, Kids Club and

Pre-K programs, and numerous private, parochial and charter schools in the area. Profits from those schools are spent on supporting our SUSD programs.

(More information can be found on the next page.)

3811 N 44th Street
Phoenix, AZ 85018-5420

DEPARTMENT CONTACTS:

Sue Bettenhausen, Director
480-484-6208 or 6234
sbettenhausen@susd.org

Cherie Foraker, Admin. Asst.
480-484-6234
cforaker@susd.org

Patti Bilbrey,
Operations Manager for
Middle & High Schools
480-484-6216
pbilbrey@susd.org

June Cimarossa, Operations
Supervisor for Elementary
Schools and Catering Services
480-484-6218
jcimarossa@susd.org

Alison Southworth,
Operations Supervisor,
Elementary Schools.
480-484-6218
asouthworth@susd.org

ATTENTION Elementary School Parents:

LOOK FOR THE NEXT ISSUE Online!

You can access our newsletter from your school's website, or from the main SUSD website. Just click the Parents tab and scroll down to Nutritional Services. If you don't have access to the Internet, you can also pick up a copy from your school's office.

Having an Event?



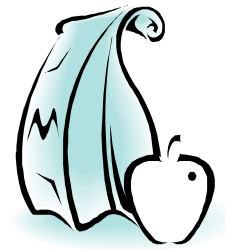
Our **Catering Division** is available to meet the needs of PTOs, clubs, and administrative meetings.

Please call June Cimarossa at 480-484-6218 to schedule an event and for information on menus and pricing.

The Sierra Vista Academy kitchen is headquarters for the Catering Division. In addition to providing meals for SVA students, we cater meals and snacks to numerous area private, charter and parochial schools and clubs.

Upcoming Newsletter Topics

- Addition of 2nd lunch periods for High schools
- New menu items for schools
- High School cafeteria construction projects
- School vending information
- Snacks for classroom parties; guidelines for fundraising & Bake Sales.
- Pilot programs



DID YOU KNOW that you can order a "Lunch to Go" for field trips? Contact your school's Café Manager in advance to place your order.

What's for lunch?

Scottsdale Unified School District participates in the National School Lunch Program, School Breakfast Program and the USDA Commodity Food Program. We strive to offer variety in our menus while providing nutritious and child accepted meals. Breakfast and Lunch menus are analyzed to ensure that the nutritional content meets the numerous require-

ments of the Arizona Department of Education guidelines. Complete nutritional information can also be found on our website.

Lillian Zizzo, Operations Manager for Service Planning is responsible for food and commodity purchasing and menu design. If you have any questions or concerns, she may be reached at 480-484-6211.

Following Are Some Examples:

- Breakfast calories must meet 1/4 of the Recommended Daily Allowance (RDA). Lunch calories must meet 1/3 of the RDA.
- Fat must be less than 30% of total calories.
- Saturated fat must be less than 10% of total calories.
- Meals must be moderate in Sodium and provide adequate fiber.



Reminder: No school on February 18—President's Day Holiday.

Please consider MyLunchMoney.com...

....to make prepayments to your child's cafeteria account via Internet or by phone using your Master Card or Visa Card. To get started, visit www.MyLunchMoney.com. For only \$1.95 per credit card transaction, you can fund your child's account up to \$100.00.

To enroll by phone, call the toll-free customer support center at 1-800-479-3531 (Opt. #5).

We are pleased that so many parents have taken advantage of this popular service. Their feedback to us has been positive—they are delighted with the ease and convenience, not to mention the peace of mind of not having to worrying about the amount of money in their child's account.

As a reminder for Elementary school students, a small stamp on your child's hand indicates

that their account is low and needs replenishment.

Our **OUTSTANDING BALANCE POLICY** is now available for you to view on our website.

MEAL ASSISTANCE

Free and reduced meals are available to qualifying households. Applications may be submitted anytime. For information, call 480-484-6234.

Information regarding **WELLNESS** can be found on the SUSD website.

Simply click on the "FOR PARENTS" tab and scroll down to "WELLNESS".